

Gokyo Lake Trek



The Gokyo Lake Trek at the head of the Dudh Kosi Valley provides a great alternative to the popular Everest Base Camp trek. It is a more tranquil trek through the Sherpa heartland that affords ample time for acclimatization with opportunities to savor mountain panoramas.

The highlight of Gokyo lake trek is the ascent of Gokyo Ri (5483m). From the summit at over 5000m, we gain superb views of Everest as well as the 8000m peaks of Lhotse, Makalu and Cho Oyu in Tibet. Many trekkers will argue that this is one of the finest views in the Himalaya, with the awesome bulk of Everest dominating the skyline. Late afternoon is a fine time to make the climb above the shimmering lakes to capture a sunset over one of the most awesome spectacles the Nepal Himalaya has to offer.

There are numerous alternatives on this trek depending on your time frame and interest. You can return through Renjo- la pass (17,560 ft / 5,360m) visiting, rarely-visited western valley of Khumbu Like Lungde & Thame. Thame is stunning village and home of many famous Sherpa climbers who have kept many world's record on climbing the Himalayas. You can even meet and talk with them if they are available if not at least meet with their family and have a cup of Tea.

The other alternative is to trek through Ngozumpa glacier, the biggest glacier in the Himalayas and cross the Cho-la pass (5,420 metres (17,782 ft) and get to Easter valley which gets you to the Everest Base Camp. If you prefer this, you can check Everest base camp and Gokyo lake trek.

