

Langtang Gosaikunda Trek



It is the most popular trekking routes in Langtang region. The Langtang valley is aptly called "the valley of glaciers". Langtang valley is located north of Kathmandu valley. Langtang valley trekking offers pine forest, swift mountain streams, rugged rock and snow- capped peaks, grassy downs and meadows strewn with daisies and wild primulas. Langtang valley trekking is a right choice for both nature lovers and the adventurers.

Nepal – Langtang National Park, could be linked with Sherpa dominant valley of Helambu either by Gosainkunda Pass 4,610 m. Langtang valley is the most beautiful valley in the world. The Langtang valley is also known as the treasure house of Alpine plants. Langtang valley is the high and isolated region is inhabited by Tamangs whose religious practices, language and dress are much more similar to Tibetan.

Outline Itinerary

Day 01: Arrival in Kathmandu

Day 02: Full Day Kathmandu sightseeing Tour

Day 03: Drive to Kathmandu to Syabru Bensi (1462m).

Day 04: Syabru Bensi to Lama Hotel (2470m) Overnight at Lodge.

Day 05: Lama Hotel to Langtang village (3430m) Overnight at Lodge.

Day 06: Langtang village to Kyanjin Gomba (3870m)

Day 07 : Explore Kyanjin Gumba

Day 08: Back to Lama Hotel.

Day 09: Back to Sybru Bensi.

Day 10: Drive back to Kathmandu 6-8 hrs.

Day 11: Final departure